

HELDERBERG BABY SAVER



**MOENIE JOU BABA
WEGGOOI NIE!**

**MUSA UKULILAHLA
USANA LWAKHO!**

**DON'T THROW YOUR
BABY AWAY!**

Indien jy ondersteuning benodig met jou swangerskap kontak Choices by 021 852 6454 (of WhatsApp by 081 879 5431) om 'n afspraak te maak vir 'n gratis voorligtingsessie.

**CHOICES KAN JOU HELP MET VERSKILLENDE OPSIES IN
VERBAND MET JOU SWANGERSKAP EN JOU BABA!**

Ukuba ngaba ufuna ngokwelekwa ngaphandlekwentlawulo ngokukhulelwa kwakho ndwendwela u-Choices ngamaxesha omsebenzi okanye utsalele umnxeba kule nobolo 021 852 6454 (ka WhatsApp ku 081 879 5431).

U-CHOICES ANGAKUNIKA INDLELA ONGAZIKHETHA!

Should you need free counselling regarding your pregnancy, visit Choices during office hours or call 021 852 6454 (or WhatsApp 081 879 5431).

**CHOICES CAN HELP YOU WITH OPTIONS IN RELATION TO
YOUR PREGNANCY AND YOUR BABY!**

